Quick Queso

Makes 1 Cup

It's okay to go at this sauce with a spoon. I won't judge.



Ingredients

- 1 cup non-dairy milk (such as fat-free soymilk)
- 1/3 cup nutritional yeast
- 2 tbsp whole wheat flour
- 1 tsp granulated onion powder
- 1/2 tsp granulated garlic powder
- 1/2 tsp ground cumin
- 1/4 tsp paprika
- 1/4 tsp chili powder or cayenne (optional)
- 1/4 tsp salt, or to taste

Steps

- 1. Whisk all ingredients together in a sauce pan.
- 2. Bring to a boil over medium heat, stirring often until thick.
- 3. Serve immediately.
- 4. Note: Gluten-free flours or blends may be substituted, such as chickpea flour. Also, add a 1 10-ounce can of Rotel tomatoes with green chilies for a Mexican Queso twist.

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